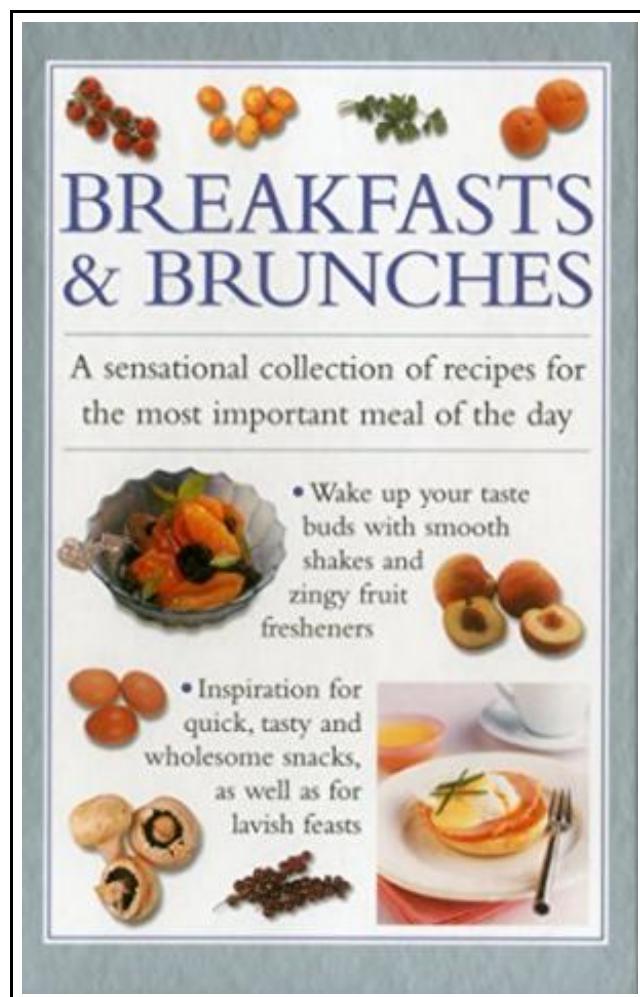


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Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Breakfasts & Brunches, Valerie Ferguson, This is a sensational collection of recipes for the most important meal of the day. You can brighten your morning with more than 30 mouth-watering recipes that make the most of seasonal produce. It offers deliciously different ideas for fruit compotes, crunchy home-made cereals, sweet fruit-filled muffins, rich egg creations, and satisfying fresh breads. It features traditional dishes, such as Egg, Bacon and Wild Mushroom Fry Up, Scotch Pancakes, and Smoked Fish Kedgeree, as well as new ideas including Egg Crostini with Rouille, Orange & Coriander Brioche, and Cannellini Bean & Rosemary Bruschetta. It includes useful fully illustrated step-by-step techniques for preparing breakfast ingredients. A good, nourishing breakfast is vital if you are to get the best out of your day. Healthy working-day breakfasts can be prepared in moments: try kick-starting your day with a refreshing fruit salad or a delicious smoothie. If you need something more substantial then opt for a luxury cereal mix packed with honey-coated nuts and sweet dried fruits. Eggs are the ultimate fast store cupboard food, and can be cooked in many ways to make delicious breakfasts. On the days when you have more time on your hands, indulge in a relaxed brunch with irresistible home-made pastries. Try some of these exciting ideas today and discover all the benefits of a good breakfast.

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