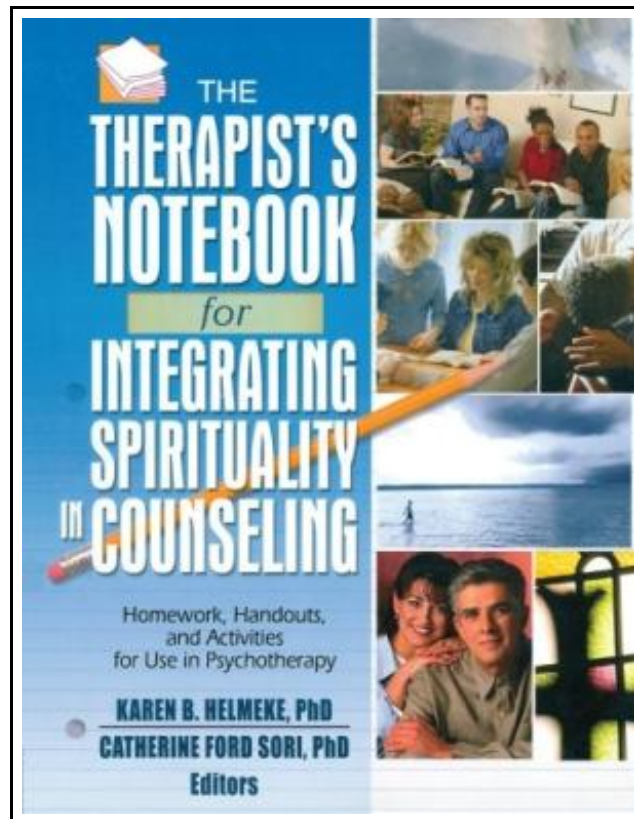


## The Therapist s Notebook for Integrating Spirituality in Counseling I: Homework, Handouts and Activities for Use in Psychotherapy



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Taylor Francis Inc, United States, 2006. Paperback. Book Condition: New. New.. 272 x 202 mm. Language: English . Brand New Book. Learn to initiate the integration of your clients spirituality as an effective practical intervention. A client s spiritual and religious beliefs can be an effective springboard for productive therapy. How can a therapist sensitively prepare for the task? The Therapist s Notebook for Integrating Spirituality in Counseling is the first volume of a comprehensive two-volume resource that provides practical interventions from a wide range of backgrounds and theoretical perspectives. This volume helps prepare clinicians to undertake and initiate the integration of spirituality in therapy with clients and provides easy-to-follow examples. The book provides a helpful starting point to address a broad range of topics and problems. The chapters of The Therapist s Notebook for Integrating Spirituality in Counseling are grouped into five sections: Therapist Preparation and Professional Development; Assessment of Spirituality; Integrating Spirituality in Couples Therapy; Specific Techniques and/or Topics Used in Integrating Spirituality; and Use of Scripture, Prayer, and Other Spiritual Practices. Designed to be clinician-friendly, each chapter also includes sections on resources where counselors can learn more about the topic or technique used in the chapter-as well as suggested books, articles, chapters, videos, and Web sites to recommend to clients. Each chapter utilizes similar formatting to remain clear and easy-to-follow that includes objectives, rationale for use, instructions, brief vignette, suggestions for follow-up, contraindications, references, professional readings and resources, and bibliotherapy sources for the client. The first volume of The Therapist s Notebook for Integrating Spirituality in Counseling helps set a solid foundation and provides comprehensive instruction on: \* ethically incorporating spirituality into the therapeutic setting \* professional disclosure \* building a spiritual referral source through local clergy \* assessment of spirituality \* the spirituality-focused genogram \* using...



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