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## NATURAL CURES FOR CONSTIPATION - CURING CONSTIPATION PERMANENTLY

**Natural Cures for  
Constipation**  
Curing Constipation Permanently



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Table of Contents Introduction How Does Constipation Happen Symptoms of Constipation Reasons for Chronic Constipation Increasing your liquid intake Water Therapy Irregular Bowel Movement Habits Sedentary Lifestyles Factors Encouraging Constipation Curing Constipation Naturally Diet Ripe Guavas Carrots and Citrus Fruits Gooseberries Apples Conclusion Author Bio Publisher Introduction Constipation is one of the ailments besetting mankind down the ages....

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- Authored by Dueep Jyot Singh, Managing Director John Davidson
- Released at 2015



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