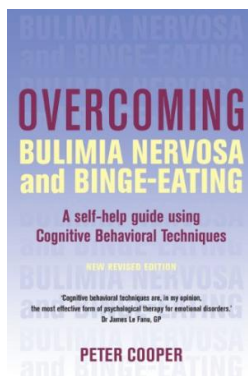


Overcoming Bulimia Nervosa and Binge-eating: A Self-Help Guide Using Cognitive Behavioral Techniques



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