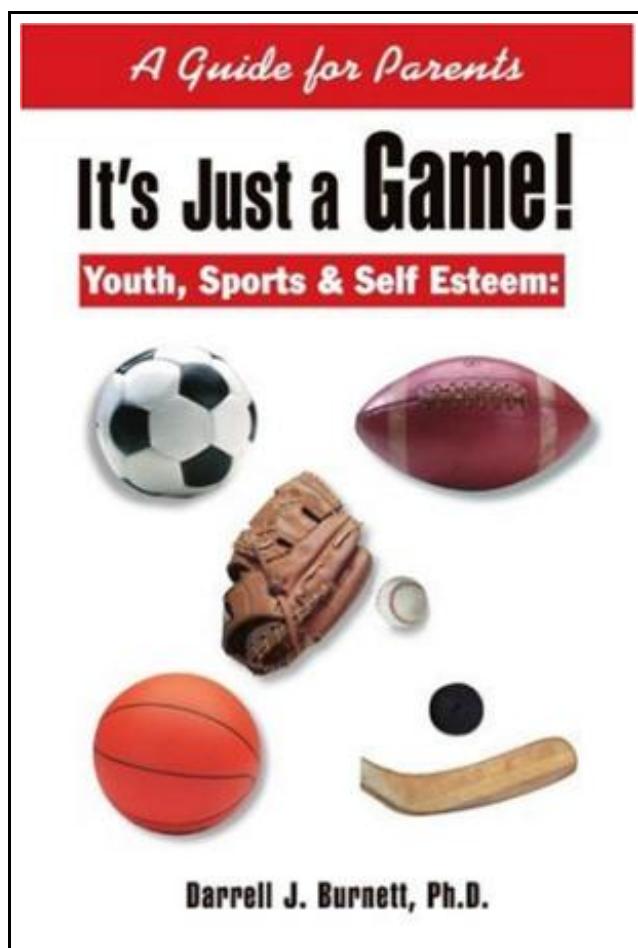


## Its Just a Game Youth, Sports Self Esteem A Guide for Parents



Filesize: 5.83 MB

### Reviews

*A whole new electronic book with an all new perspective. It is one of the most incredible book we have read. Your way of life span will likely be convert when you comprehensive reading this article book.*  
*(Spencer Fay)*

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iUniverse. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 8.8in. x 5.9in. x 0.6in. In place of a 3rd printing of his original book, Youth, Sports, and Self-Esteem: A Guide for Parents, Dr. Darrell Burnett, a published authority on parenting, decided to revise his popular book, adding some sportsmanship checklists, and changing the title to Its Just a Game! to reflect the importance of keeping youth sports in the proper perspective. While discussing the psychology of youth sports, Dr. Burnett not only points out how sports can strengthen a child's self-esteem, he offers specific practical positive parenting guidelines to help make it happen. Topics include: The four cornerstones of self-esteem12 guidelines for promoting children's self-esteem through youth sportsCase examples, photos, cartoons, referencesSkill, behavior, and sportsmanship checklistsA Parent Attitude and Behavior Checklist for youth sportsA list of 86 Ways To Say Very Good!The book's theme is straightforward: kids have enough pressure in life, and youth sports should not add to it. Youth sports can and should promote self-esteem, offering every youngster an opportunity to enjoy the simple fun of participating in sports, while learning skills, feeling good, and building positive childhood memories. Dr. Burnett's book gives parents a blueprint for building those memories. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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