



Caring for Nigel: Diary of a Wife Coping with Her Husband s Dementia

By Eileen Murray, M Shiu, Ming-Li Shiu

Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 222 x 152 mm.

Language: English . Brand New Book ***** Print on Demand *****.At the age of sixty-nine Nigel Murray, a retired university lecturer and former Royal Navy officer, was diagnosed with Multiple System Atrophy (MSA). MSA is a rare and degenerative neurological disorder. It is very difficult to diagnose and often resembles Parkinson s disease. Dementia is not always a feature of MSA, but it was for Nigel. For four years Nigel s wife, Eileen, kept a diary. This was her safety valve - an outlet for the daily stresses of caring for him at home as his health slowly deteriorated. In it she gives a frank and detailed account of his bizarre hallucinations, his challenging and erratic behaviour, the relentless struggle with his incontinence and the endless disturbed nights. Eileen s dry Scottish wit and remarkable stoicism help her through her darkest moments. Her diary will move you one moment and make you laugh the next. You can t help but smile at Nigel s trousers with the appetite mechanism and his special anti-dandruff comb. As the dementia advances, Nigel retreats into his own busy world...

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