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Create Your Best Life--Kill the Grim Reaper: How to Live Fully Knowing One Day You Will Die

By Duke Robinson

Createspace, United States, 2011. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.The author of this book assumes you love life and don't like the idea of dying. He suspects, too, that were you to die today, you are not sure you could do so at peace and be able to say, I have lived my best possible life. He also takes for granted you have retained fanciful notions you were taught as a child about living, dying, and death, including nonsense about the grim reaper. This book relentlessly pursues truth and life. In the Introduction, Robinson calls you to update your worldview so it's coherent and to be true to your self in behalf of being your best self and living your best life. In Part One, he introduces ten steps that will help you let go of childhood thinking and connect you with realistic understandings of life. He explains how to integrate three basic models of life, adopt a positive view of life that's also realistic, affirm your personal freedom, identify and choose worthy life purposes, engage life with both passion and good sense, be...



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