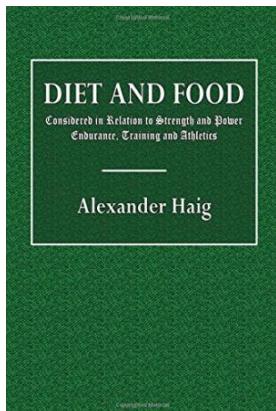


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DIET AND FOOD: CONSIDERED IN RELATION TO STRENGTH AND POWER OF ENDURENCE, TRAINING AND ATHLETICS



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